

Home Tips **common**

Pet Toxins




ARTIFICIAL SWEETENER
Specifically, xylitol which is in many sugar-free items

INSECTICIDES
While deadly for unwanted pests, they also are toxic to pets

HOUSEHOLD PLANTS
Chrysanthemums, daisies, some lilies, tulips

GARDEN PRODUCTS
Fertilizers and other related products

GRAPES AND RAISINS
Can cause kidney failure for both cats and dogs

ALCOHOL
Can give cats and dogs low blood sugar and body temperature

MEDICATIONS
Including herbal supplements are the second most common source of pet poisoning

GARLIC AND ONIONS
Specifically, toxins in the Allium species of plants

HOUSEHOLD ITEMS
Glue, cleaning products, laundry detergent

CHOCOLATE
Amounts to almost 48 cases per day for dog poisoning

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Home Tips **green**

Living Tips




REDUCE ENERGY USE
Replace outdated appliances, windows or electronics with energy star models

REDUCE WASTE
Purchase reusable water bottle and shopping bags, get to know rules of recycling and consider composting

HOUSEHOLD LIGHTING
Turn off lights when not needed and use sunlight for light source as much as possible

USE COOLER WATER
Adjust water heater temperature to between 120 and 130 degrees to reduce energy use for either gas or electrical heaters. Use cold water when possible for washing clothes

REDUCE TRASH
Consider donation rather than throwing unwanted objects away, recycle if possible or repurpose in unique ways

CONSIDER SOURCES OF ENERGY WASTE
Check for water leaks, run dishwasher only when full and shut down office computer when done

USE CLOTH RATHER THAN PAPER
Repurpose old t-shirts to use as cleaning rags rather than paper towels and consider cloth napkins over paper napkins

REDUCE CARBON FOOTPRINT
Consider work or school carpools, biking rather than driving short distances, and look for opportunities to walk

ELIMINATE UNNECESSARY MAIL
Unsubscribe to magazine issues no longer used and opt for electronic mail if option

GROW A GARDEN
Growing seasonable fruits, vegetables and herbs does not require lots of land or a significant amount of time



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home tips

- Common Pet Toxins
- Green Living Tips
- Curb Appeal
- Household Cleaning
- Kitchen Measurements
- Deck & Patio Cleaning

Contact us today
to get started

Home Tips **kitchen**

Measurements




MEASUREMENT ABBREVIATIONS
mL = milliliter
g = grams
kg = kilogram
tbsp = tablespoon (also tb, tb)
tsp = teaspoon
oz = ounce
fl oz = fluid ounce
c = cup
qt = quart
pt = pint
gal = gallon
lb = pound

CONVERSION CHART
3 teaspoons = 1 tablespoon
1-1/2 teaspoons = 1/2 tablespoon
4 tablespoons = 1/4 cup
8 tablespoons = 1/2 cup
16 tablespoons = 1 cup
1 cup = 1/2 pint
2 cups = 1 pint
4 cups = 1 quart
2 pints = 1 quart
1 cup = 8 fluid ounces
32 ounces = 1 quart
2 quarts = 1/2 gallon
4 quarts = 1 gallon
1 stick of butter = 8 tablespoons = 1/2 cup

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